



WORK LIFE BALANCE AND STRESS MANAGEMENT

NOVEMBER 5TH

6pm – 7pm AUST 222

Perkins & Co. will be presenting ways to maintain a healthy work life balance and how to manage stress within the workplace. There will be food provided and it is business casual dress.



Additional Information

**Tutoring for
BA 211 and
BA 213 in
AUST 242**

**BAP Meetings
Wednesdays
@ 6pm in
AUST 222**

osubap.com

QUESTIONS?

Email BAP
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